

INITIATE BALANCE

Health History

Musculoskeletal

- Bone or Joint Disease
- Tendonitis/Bursitis
- Arthritis
- Gout
- Jaw Pain (TMJ)
- Lupus
- Spinal Problems
- Scoliosis
- Migraines/Headaches
- Osteoporosis

Circulatory

- Heart Condition
- Phlebitis/Varicose Veins
- Blood Clots
- High/Low Blood Pressure
- Lymphedema
- Thrombosis/Embolism

Respiratory

- Breathing Difficulty
- Asthma
- Emphysema
- Sinus Problems

Nervous System

- Shingles
- Numbness/Tingling
- Pinched Nerve
- Chronic Pain
- Paralysis
- Multiple Sclerosis
- Parkinson's Disease

Reproductive

- Pregnant, ___ Weeks
- Ovarian/Menstrual Problems
- Prostate

Skin

- Rashes
- Skin Cancer
- Cosmetic Surgery
- Athlete's Foot
- Herpes/Cold Sores

Digestive

- Irritable Bowel Syndrome
- Bladder/Kidney Ailment
- Colitis
- Crohn's Disease
- Ulcers

Client Signature

Today's Date

INITIATE BALANCE

Psychological

- Stress
- Anxiety
- Depression

Other

- Cancer/Tumors
- Diabetes
- Drug/Alcohol/Tobacco Use
- Contact Lenses
- Dentures
- Hearing Aids

Please list any other medical condition(s) that you have.

Client Signature

Today's Date

INITIATE BALANCE

For Massage Therapist Only : Additional details about health conditions.

Client Signature

Today's Date